



Catalina Ruffin-Sinclair

April 21, 1960 - July 21, 2025

Catalina Ruffin-Sinclair, affectionately known as Cathy", was born April 21, 1960, in Houston, Texas, to parents Tealzie Randall and Beatrice Ruffin.

Catalina met and married her husband, Trevor Sinclair, and the two became a blended family. She was the proud mother of six, whose legacy continues with over twenty grandchildren, 9 great-grandchildren, all of whom she adored.

Catalina was known for her hard work and dedication, having spent many years working in the PBX Operation Industry, including the Crowne Plaza and Sheraton Hotels.

Catalina was an active and faithful member of Way of Life| Ministries in Orlando, Florida, under the leadership of Pastor JoAnn Jameson.

She also spent time living in Arizona, a place she truly enjoyed and spoke of often. Outside of work, Catalina found joy in traveling, especially cruising in the open waters. She had a sweet tooth and a sweet spirit to match. Her favorites were a fresh, warm Krispy Kreme donut, a Wendy's chocolate frosty, and a cold Coca-Cola, which she liked to jokingly call her "beer". Her sense of humor, love for life, and unwavering faith, touched everyone who knew her. Catalina's presence will be deeply missed, but her memory will forever live in the hearts of those she loved and those who loved her.

She was preceded in death by her father, Tealzie Randall; mother, Beatrice Ruffin; siblings: Glenda Ruffin, Jacqueline Kuffin, and Donnell Ruffin; grandson, Tyrone Okafor; and granddaughter, Brianna Okafor.

Left to cherish her memory...her loving husband of over 25 years, Trevor Sinclair; her loving children: Tekethia Ruffin, Candace Ruffin, Bessman Okafor (Kenya), Idoreyin Ruffin, Trenton James, and Brentton James, all of Orlando, Florida; stepdaughters: Karen King (Sheldon) of New York, and Renee Sinelair of Orlando, Florida; siblings, Rosalyn Ruffin of Dallas, Texas and Algerita Ruffin of Katy, Texas; and a host of nieces, nephews, cousins, other loving relatives and friends.

Cemetery Details

Edgewood-Greenwood Cemetery ~ Apopka

141 South Edgewood Drive
Apopka, FL 32703

Previous Events

Visitation

AUG 2. 9:30 AM - 11:00 AM (ET)

Way of Life Ministries, Inc.
628 N. Pine Hills Rd.
Orlando, FL 32808

Service

AUG 2. 11:00 AM (ET)

Way of Life Ministries, Inc.
628 N. Pine Hills Rd.
Orlando, FL 32808

Tribute Wall

MS

“ *MONICA DENISE SCOTT lit a candle in memory of Catalina Ruffin-Sinclair*



MONICA DENISE SCOTT - August 15, 2025 at 02:09 PM

MS

“ *MONICA DENISE SCOTT lit a candle in memory of Catalina Ruffin-Sinclair*



MONICA DENISE SCOTT - August 15, 2025 at 02:08 PM

SA

“ *My deepest condolences on the passing of Catalina, I will keep the family in my prayers.*

Samantha and family

Samantha - July 29, 2025 at 07:37 PM

MM

“ *Prayers and condolences to Catalina family. We used to work together..had fun memories together. It has been a while since I saw her. Love and prayers to the family.Mary Morss and family*

Mary (Lois) Morss - July 25, 2025 at 02:33 PM